

The 24th Annual Statewide Conference



2023

*The Building Blocks of
HOPE: Prevention in
Partnership*



March 14-15, 2023

JUMP

1000 W. Myrtle St., Boise ID 83702

The Board of Directors of the *Idaho Children's Trust Fund* Salutes

Full Circle Health

Winner of the 2022 Ed Van Dusen Legacy Award:

*And all Idahoans working to strengthen families
to prevent child abuse and neglect.*

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The Building Blocks of HOPE

March 14, 2023

Welcome to the Strengthening Families Training Institute!

What does a community based in HOPE look like? I have some ideas. It would start with the whole community recognizing that we have a responsibility for ALL the kids who live there. That would shape the way our public places—schools, libraries, parks, recreation programs and so on—would operate. Our workplaces might adopt family friendly policies like onsite childcare and paid parental leave as some already do. Medical personnel would recognize that childhood trauma affects physical and behavioral health and help people work through it. We might recognize that as neighbors and friends we can help relieve some pressure on a new parent by, for example, rocking a crying baby.

In the next couple of days we will learn more about what HOPE or Healthy Outcomes from Positive Experiences means and how we can put it into practice in our organizations and communities. Start dreaming up new ideas about how this can work in your community.

When everything got shut down in the middle of March 2020, we were a week away from that year's SFTI. Dr Sege was to be the keynote speaker. We were able to hear him speak online in September 2020, but I promised you and him that we'd bring him to Boise when we could. This is the year.

The strategies and science behind Positive Childhood Experiences (PCE) has grown significantly since even 2020. Several more states--and countries--have done research on PCEs telling us that the absence of positive experiences appears to be even more damaging than the presence of ACEs. We have an opportunity to help grow those PCEs.

We have 21 new HOPE facilitators all around the state. Let us know if you'd like training for your organization or community.

We also have 16 workshops facilitated by experts in their fields. The workshops range across the social ecology from working with individuals, families, community and into public policy. We hope there is something here for everyone.

So enjoy yourselves. Meet new people. Learn from each other. Thanks for being here. And thanks for all you do to make the lives of Idaho families better.

To building strong families and communities in partnership, I am yours truly,



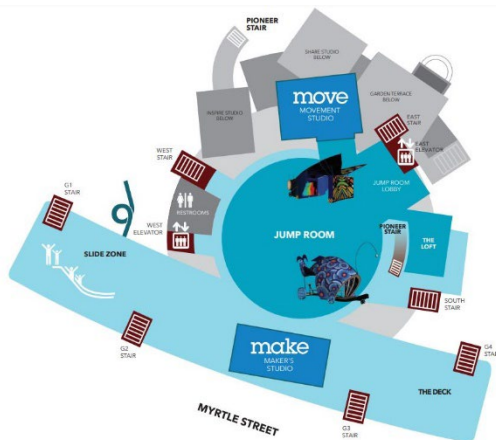
Roger Sherman,
Executive Director

Conference at a glance

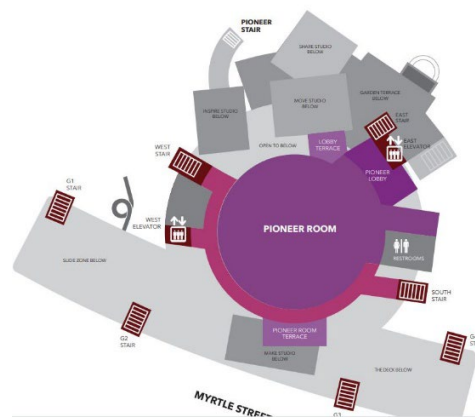
This year's conference offers professionals the opportunity to earn up to 9 Continuing Education Units (CEU's).

Tuesday March 14, 2023
8:45-9:00 MST Welcome, Introductions and Housekeeping
9:00-10:30 Keynote Address: The Building Blocks of HOPE! Dr. Robert Sege, MD, PhD Tufts University School of Medicine
10:30-10:45 MST Break
10:45-12:15 MST Plenary Workshop: Dr. Sege and Idaho HOPE Facilitators
12:15-1:15 MST Lunch and Networking
1:15-2:30 MST Workshops Session 1
2:30-2:45 MST Break
2:45-4:15 MST Workshops Session 2
6:30 MST Evening Event: TBD
Wednesday, March 15, 2023
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12:15-2:30 MST Awards Luncheon and Closing Panel

JUMP Floorplan



5 MOVE MOVEMENT STUDIO
MAKE MAKE'S STUDIO
THE LOFT
JUMP ROOM
UPPER DECK



6 PIONEER ROOM
GRAND BALLROOM

Plenaries

DAY ONE KEYNOTE



The Building Blocks of HOPE!

Robert Sege, MD, PhD

HOPE - Healthy Outcomes from Positive Experiences provides a new framework to work with children and families. Based on years of research, HOPE puts the positive childhood experiences that children need to thrive at the center. By identifying, honoring, and promoting family and personal strengths, HOPE creates the conditions for trust and respect that help providers, parents, and children address challenges. In this keynote address, Dr. Sege will discuss new knowledge of the scientific basis of HOPE, offer examples of HOPE in practice from far and wide, and help attendees take the leap and put HOPE into practice! The keynote and accompanying workshop will offer the knowledge and skills needed to bring HOPE into practice.

All-Institute Workshop : Following the keynote there will be an all-institute workshop to continue the discussion of HOPE from the keynote address, focusing on organizational transformation into HOPE-informed practice. The presenter will be joined by Idaho HOPE trainers with a focus on the four steps to transformation: (1) Leadership support, (2) examination and revision of key policies and practices, (3) staff training, and (4) Continuous quality improvement. Attendees will have the opportunity to engage in small group discussions to share ideas and experiences and will leave with 30- and 90- day goals to bring HOPE into practice.



Robert Sege, MD, PhD, is Professor of Pediatrics and Medicine at Tufts University School of Medicine, where he directs the Center for Community-engaged Medicine and is a core faculty member of the Tufts Clinical and Translational Science Institute. Dr. Sege is part of the Leadership Action Team for Massachusetts Essentials for Childhood Team, serves on the board of the Massachusetts Children's Trust. He has received several national awards for his work, including the prestigious 2019 Ray E. Helfer award from the Alliance of Children's Trusts and the American Academy of Pediatrics. He has led teams that developed a new model for primary care for infants in low-income communities ([DULCE](#)) and a new framework for working with children and families, ([HOPE](#)). His extensive speaking and publication list include contributions to the prevention and treatment of child maltreatment and youth violence. He is a graduate of Yale College and received his PhD in Biology from MIT and his MD from Harvard Medical School. Bob lives in the Boston area, where he and his wife Karen have raised three young adult children.

TUESDAY EVENING Prevention Town Hall! 6:30 PM (See description on Page 9)

Capnote Luncheon and Awards!

We will cap off this year's SFTI with a panel of youth speaking about mental health and the increased stress they are experiencing--especially post-pandemic. This "What I Wish You Knew" presentation will be one of many to be presented

statewide this next year. Prepare to be challenged as we explore together the new realities facing teens as they prepare for adulthood.

The Ed! & Pinwheel Awards

Winner of the 2022 Ed Van Dusen Legacy Award for Exemplary Practice to Prevent Child Abuse and Neglect



Full Circle Health, formerly the Family Medicine Residency of Idaho, trains pediatricians and family medicine practitioners to work in Idaho with emphasis on underserved and rural areas. Members of this teaching faculty have committed to screening for parental ACEs and PCEs and developing the skills to assist parents who may be parenting with their own ACEs to find support or interventions to strengthen their parenting. By starting early in parents' parenting journeys with early well baby checks physicians can play a powerful role in the trajectory of that journey. Screening for both positive and adverse childhood experiences provide the starting point for a conversation with the parent that builds on strengths rather than deficits so as to build resilience. This work will impact generations of new parents.

In 2016, the *Idaho Children's Trust Fund* Board began a new tradition to recognize people and groups who have made significant contributions in the past year. The **Pinwheel Awardees for 2022** are:

Foster + Heart— Foster + Heart's mission is "to ignite the hearts of our community to foster + meet the needs of children in foster care." They operate a home for children who are transitioning to foster care. The home was created to provide a place for children to go while the Department of Health and Welfare finds children the right home for them based on their unique and individualized needs.

Hope on the Homefront-- The Coeur d'Alene School District 271's McKinney-Vento program/Team is called "Hope on the Homefront". Their goal is strengthening students and families by removing barriers to academic excellence, building bridges to improve family situations, and establishing community connections to support families.

Second Chance Family Resource Center, Coeur d'Alene— 2nd Chance Ministries Family Resource Center officially opened in Jan 2022 as part of the 2nd Chance Disciples Ministry in Coeur d'Alene. 2nd Chance FRC is located in downtown CDA and provides necessary services to low income and homeless families.

The Village— The Village is a foster care closet serving the 17 counties of Southeastern Idaho and operated by the Idaho Foster & Adoptive Parent Association. Their mission is easing trauma, building self-esteem, and showing love to Idaho foster children.

Voices for Children— Idaho Voices for Children provides voice for people without a vote and without a lobbyist: the children of Idaho. Their work has resulted in expansion of home visiting, improvements in the foster care system, and critical funding for childcare programs.

Day 1

Tuesday, March 14th

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6:30 MST Evening Event: TBD

**Please look for bonus workshops in sessions 2 & 4 at the registration table **

The Workshops

Session 1: Tuesday March 14, 1:15 – 2:30

1A: ICARE

Katie Simmons and Taryn Molitor / Room: Pioneer Room 6th Floor

As a child abuse prevention program using evidence-based strategies, we strengthen families in North Idaho. One family at a time, we are blessed with being invited into their lives- their actual houses in some cases- to learn their stories and come alongside them in their parenting journey. Truly connecting with each parent is of utmost importance because it then creates a safe space for the parents and children to share their struggles. Join us for some practical skill-building activities that will help you apply a strength-based approach in your agency or business.

1B: Harnessing the Power of the Voices that Matter the Most

Jane Zink / Room: Inspire Room 4th Floor

The beneficiaries of our work are our most important allies and stakeholders. As people who use our services, their lived experiences – their voices – need to inform our processes, policies, and procedures. Beneficiaries can interact with us from outside our organizations (customers or clients) or from within (people who work in the system itself). When people freely share their lived experience, we learn how systems are working, and how they are falling short. Join us to learn how local organizations are using beneficiary voice in continuous quality improvement cycles. Hear from partners at varying stages of the work as they share their processes, outcomes and challenges of using beneficiary voice back at the center of their decision making.

1C: Artists Unite to Create a Village

Ruta Casabianca, Josh Pohlman, and Kaitlin Johnson / Room: Loft room 5th floor

SIXES Creative gathered a group of like-minded artists, musicians, & skateboarders concerned about the lack of positive activities for youth in Pocatello and Chubbuck. Our team introduces would-be artists to glassblowing, photography, relevant computer tools, as well as STEM and related skills which make sense and are fun. The key word is “relevance.” Too often bright, creative students do not engage, or they become disengaged from the system of learning provided by schools. “How is it all relevant to their futures?” they ask. They decide to spread their wings in what society considers “anti-social” behavior. A first step is to draw them in. SIXES started by having indoor skateboarding classes during the winter. We organized a Youth Advisory Committee, and we listen. Another crucial step in family strengthening is allowing parents to become engaged in community systems, the school board, the city government, parks, and recreation programs, not as outside observers, but as advocates and leaders for change. Sixes Creative is leading a 12-week. Parent-Shared Leadership Training Academy to allow parents to become involved and advocate for their family’s needs. They meet their city leaders, learn how the system works and how they can get their voices heard.

1D: Finding Safety in your nervous system

Janelle Stauffer / *Room: JUMP Room 5th Floor*

There are a million reasons why no one should come to the breakout. You've got far too much work to do. Someone else needs your attention elsewhere. You just don't have enough time. Sounds familiar, right? The urgency that rules our culture is one that our nervous system just isn't designed to adequately respond to. As a result, we end up sick and nervous and anxious. There are ways to remedy this! This workshop will share a bit about the science of calm, play, and rest and then will move into a number of guided practices that help your body retrain itself back into its safe and playful state, which is where we are supposed to be most of the time. Janelle will be sharing the skills identified in the Hope Lives here! training guide as well as some Heart Math exercises.

Session 2: Tuesday, March 14th 2:45 -4:15

2A: Being Human in Our Prevention Work

Shannon Fox / *Room: JUMP Room 5th Floor*

Let's be honest, trying to move forward in the work for prevention is often overwhelming. Thinking about the possibilities of functional prevention system is important and exciting. However, it is also true that the upstream battle can become fatiguing. There is also the real impact of the last few years. This presentation will cover the how a prevention program navigated challenges, successes, and opportunities over the last 3 years while also tapping into the human aspect of prevention work. Come to this presentation ready to engage in practicing personal development, participate in growth mindset discussion, and energized for making personal/professional plans for preventing ACE's and promoting HOPE!

2B: Engaging Parents as Leaders

Angela Lindig / *Room: JUMP Room 5th Floor*

This interactive workshop will give participants the tools they need to be engaged in systems advocacy as parents as well as tools for professionals to effectively engage parents in their systems. Participants will learn how to craft their personal stories to impact policies as well learn how and when to use those stories. Participants will also explore formal and informal decision-making groups and how to be effective team members. Professionals will learn how to engage parents as decision-making partners and avoid "tokenism."

2C: Neglect Prevention: An ecological perspective of strengths and challenges

Taryn Yates / *Room: Loft Room 5th Floor*

This workshop uses the ecological model to identify the various protective influences and challenges children and families have at the individual, community, and societal level. The facilitators will define types of neglect, lead an ecomap activity, and end with a group discussion analyzing influences that can either contribute to or prevent the different forms of child neglect.

2D: Ethical considerations of an asset-based framework to empower families (Ethics CEU available)

Jessica Lecertua, MA and Alex Zamora, Ph.D, LCSW / *Room: Pioneer Room 6th Floor*

Many helping professionals are referred to families and clients amid a personal crisis. Through the lens of the struggle, many options may seem bleak and unmanageable. Nevertheless, as helping professionals, our ethical obligations are many, including promoting autonomy and non-maleficence. These ethical guidelines mandate an asset-based framework for practice as anything less may perpetuate deficit-based responses. In this workshop, participants will explore practitioners' ethical obligation to centralize clients' internal and external assets in goal setting and supports. From this perspective, practitioners are well equipped to align with clients/client-systems as they navigate systemic and personal challenges with resilience. Participants will explore how to develop asset-based strategies through case examples, discussion and reflection; and will be equipped to empower clients to move toward a more grounded path of self-trust and reliance.

Prevention Town Hall. 6:30 pm to 8pm

Hilton Garden Inn Lobby

Let's get together and talk about the future of prevention and the opportunities we have statewide and in each of our communities. The conversation will be informal so that we can brainstorm ideas. It doesn't matter if you've been doing this work for 20 years or 2 months, we want to hear

Day 2

Wednesday, March 15th

8:45-9:00 MST Welcome Back and Reflections

9:00-10:30 MST Workshops Session 3

10:30-10:45 MST Break

10:45-12:15 MST Workshops Session 4

12:15-2:30 MST Awards Luncheon and Closing Panel

Session 3: Wednesday, March 15th, 9 - 10:30

3A: Building a STRONG Foundation and Beyond: Behind the scenes of a Family Advocates' Family Strengthening Education Program

Jill Trumble and Lola Riley / *Room: JUMP Room 5th Floor*

This workshop will feature a short lesson on creating friendships and lasting relationships as adults. The lesson will spring-board a discussion on how to create a preventative family strengthening program involving community members, stakeholders, agencies, caregivers, parents, youths, and children. Our focus will explore the keys to a successful, thriving program: positive healthy relationships.

3B: This Book Is Going to Change the Way You See Your Life

Liz Paul / *Room: Pioneer Room 6th Floor*

What Happened to You? by Oprah Winfrey and Bruce D Perry, MD, PhD is a deeply personal conversation between Oprah Winfrey and renowned brain and trauma expert Dr. Bruce Perry. It offers a groundbreaking and profound shift from asking "What's wrong with you?" to "What happened to you?" We'll examine some of the key take-aways from the book and discuss how the book can spark conversation, increase understanding, and support healing. Together, we'll develop ideas for using this book and its powerful stories during Child Abuse Prevention Month.

3C: Assessment Centers

Holly Walund / *Room: Loft Room 5th Floor*

Highlighting the new services for youth in Idaho, we will discuss the Youth Assessment and Crisis Centers, how they work, their role in the community and how they will work with youth and families.

3D: The Narrative 4 Story Exchange: Empathy into Action (this workshop is limited to 20 people and will be offered twice)

Jane Zink, MA and Sharon Hanson / **Room: Inspire Room 4th Floor**

Narrative 4, a global nonprofit led by artists, educators and students, uses an experiential storytelling methodology to help individuals connect across differences and build empathy that allows for deeper understanding, positive communication, and clearer roads to problem solving. During this workshop participants will be introduced to the methodology and experience an abbreviated story exchange, and witness firsthand the effect it can have on individual lives and the ability to create action-oriented communities. The N4 Story Exchange offers an authentic experience in curiosity, listening, imagination, and positive action. Other than courage and an open mind, the only thing you need to bring with you to this session is a story from your life based on one of the prompts below, a writing utensil, and paper. We ask that, in the interest of time, please limit your story to 3-5 minutes. Please consider others when choosing your story.



1. Think about someone in your life who believed in you. What impact did that have on your life?
2. Tell a story about when you felt your most authentic self – when you felt most comfortable in your own skin. What allowed you to feel that way?
3. Tell a story of a time when you overcame an obstacle and eventually found hope.

This workshop is capped at 20 participants.

Session 4: Wednesday, March 15th, 10:45 to 12:15

4A: Bringing Social and Emotional Learning to Rural Idaho

Patrick Reagan, Johnna Baer, and Pam Martinez / **Room: JUMP Room 5th Floor**

Join The Mahoney House staff as we discuss our success in bringing Social and Emotional Learning into the Salmon School District, as well as challenges we have faced. We will be providing fun and interactive SEL lessons to show attendees examples of what we are teaching in our schools and how they impact students, staff, teachers, and our community!

4B: Children’s Champions in Action: Becoming an Effective Public Policy Advocate

Christine Tiddens / **Room: JUMP Room 5th Floor**

As our state’s greatest treasure, children and their interests should be prioritized in public policy discussions. By coming together as champions in action, we can advance smart policies that improve the health and well-being of children and ensure future generations thrive. This workshop will highlight current system and policy issues impacting Idaho’s kids while also offering training on how to engage as an effective policy advocate in Idaho.

4C: Libraries, Laundromats, and Learning in Community Spaces

Staci Shaw and Kristina Taylor / **Room: Pioneer Room 6th Floor**

Libraries are critical to the early learning process and play an important role in helping children be ready to begin school. Libraries offer many free resources and programs on-site, but they also work to reach families with programs and services out in the community. Spaces where families gather, such as laundromats, are prime locations to install resources that allow parents and caregivers to read, play, and learn together with their young children in spaces where they feel safe and comfortable. Join us to learn how you can partner with your local library to reach more children and families through the use of community spaces.

4D: The Narrative 4 Story Exchange: Empathy into Action (this workshop is limited to 20 people and will be offered twice)

Jane Zink, MA and Sharon Hanson / **Room: Inspire Room 4th Floor**

Narrative 4, a global nonprofit led by artists, educators, and students, uses an experiential storytelling methodology to help individuals connect across differences and build empathy that allows for deeper understanding, positive communication, and clearer roads to problem solving. During this workshop participants will be introduced to the methodology and experience an abbreviated story exchange, and witness firsthand the effect it can have on individual lives and the ability to create action-oriented communities. The N4 Story Exchange offers an authentic experience in curiosity, listening, imagination, and positive action. Other than courage and an open mind, the only thing you need to bring with you to this session is a story from your life based on one of the prompts below, a writing utensil, and paper. We ask that, in the interest of time, please limit your story to 3-5 minutes. Please consider others when choosing your story.

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Workshop Presenter Biographies

Johnna Baer

Johnna Baer joined the staff in December 2018. She has a background in Emergency Medicine and served the community working in the Emergency Room at Steele Memorial Medical Center for six years. Johnna is excited to be taking part in another aspect of caring for people in our community. Johnna is a trained Forensic Interviewer, assists in supervised visitations, and is a Community Resiliency Model Guide and spends time in the elementary school teaching Social-Emotional Learning. She is energetic, passionate about our work, eager to help families in our community, and loves kids. Her passions outside of work include her two kids, being outside, riding horses and spending time on the river. She especially enjoys kayaking, camping, and hiking. Johnna loves traveling to new places, attending live music performances, and spending time with family and friends.

Ruta Casabianca

Ruta Casabianca is an innovator and problem solver. When she moved to Pocatello in 2021, she recognized the need for more options for after-school programming for children and youth and began working to bring a Boys and Girls Club to Portneuf Valley, the club is now serving 40 children in one elementary school and will expand this summer. But that was not helping her 14-year-old grandson and his friends. With a grant from Idaho Resilience Project, she began an outreach program for middle-schoolers with Sixes Creative to hold events, art programs, and become a safe, fun, creative space for youth. She created a Parent-Shared

Leadership Training Academy in 2007 with the San Luis Obispo Child Abuse Prevention Council, which became a model for California. This 12-week program trains parents to become advocates and leaders in their own communities. Parents learn about the political process, their rights, and how to advocate for their families. Ruta was a Peace Corps Volunteer in the Republic of Georgia from 2010 to 2013 where she helped develop a program to encourage Georgian, Armenian, and Azerbaijani women to vote. In March of 2013 she co-founded Together for Real Changes to bring services for people with disabilities in the high mountain areas of Georgia, which now has 5 service centers throughout the country. Ruta has a BA from Douglass College, New Brunswick, NJ.

Sharon Hanson, M.Ed

Sharon Hanson is a trainer and organizer for Narrative 4. After teaching high school English for over thirty years, she joined the Narrative 4 team. In her classroom, N4's story exchange was one of her most powerful lessons to build community and empathy. In addition to working as a trainer with Narrative 4, she is also a Writer-in-the-Schools with The Cabin.

Kaitlin Johnson

Kaitlin Johnson is the co-owner of SIXES in Pocatello, with her fiancé Josh. Kaitlin has lived in Pocatello most of her life and is raising 3 boys there. Coming from a family full of artists and creatives, and having a family of her own, it was clear to Kaitlin that the youth of Pocatello needed a positive creative outlet. She set out with her creative talents and analytical skills to bring that to life. Two years later SIXES was finally in a position to offer that to the community. Through SIXES new youth program S.I.C.K. (SIXES Institute for Creative Kids) they are now able to help kids explore their creative and artistic skills in a fun, safe, and inviting atmosphere.

Jessica Lecertua

Jessica Lecertua, MA in Counseling, LPC is the school counseling administrator for Idaho Virtual Academy. Jessica is a long time Board member and former Chair for the Idaho School Counseling Association

Heather Lee M.Ed.

Heather Lee is the Assistant Director of the Early Learning Collaboratives Project at the Idaho Association for the Education of Young Children. She received her M.Ed. in Early and Special Education. This is her 30th year serving in the field of early childhood education, focusing on holistic supports for young children, their families, and partnering early childhood educators. Heather is a proud parent of four daughters.

Chelsea Krema

Chelsea Krema serves as the Equity Director on the IdahoSTARS Project at the Idaho Association for the Education for Young Children (IdahoAEYC). IdahoAEYC works to advance Idaho's early learning profession and advocate for children, families and those who work on behalf of young children. Chelsea is a graduate of Seattle University with a degree in Public Administration with a focus on Non-Profit Leadership. She has been at IdahoAEYC for almost 6 years and has previous experience with dual language immersion and trauma-informed early care and education.

Angela Lindig

Angela Lindig began her work in advocacy shortly after the birth of her first daughter who is diagnosed with an ultra-rare genetic condition – an HNRNP2 gene mutation. She began by serving on her Regional Infant and Toddler Committee in which she gave her first testimony before the Idaho Legislature about the importance of birth to three programs for infants and toddlers with disabilities and developmental delays. She later spearheaded an effort in partnership with the City of Meridian and Saint Alphonsus Regional Medical Center to create the Adventure Island Playground, Idaho's First Universally Accessible Playground. Angela served on the State Independent Living Council from 2004-2010 and as Chair of the Council from 2008-2010. She has been with Idaho Parents Unlimited (IPUL) since 2009 where they provide more than 7,000 instances of assistance to families and professional partners per year through one-to-one assistance and through training workshops and conferences with a focus on education, health, and the arts. Angela holds a Bachelor of Science in Human Services with a concentration on family and children's services. She was recognized as one of the Idaho Business Review's Business Women of the Year in 2013, and she was honored to receive the Go Lead Idaho Women Citizen Award in 2014.

She is the current Chair of the Idaho Infant Toddler Coordinating Council, the Treasure of the Consortium for Idahoans with Disabilities, and the Chair of the Idaho Anti-Trafficking Coalition Board of Directors. Angela firmly believes in the power of parents as leaders whose voices are critical to improving systems that impact the lives of children and families in Idaho.

Pam Martinez

Pam Martinez is the Advocacy Services Coordinator at the Mahoney House where she takes the lead on all things advocacy. Since becoming an advocate four years ago, Pam has provided support in critical court cases seeking justice for survivors of domestic and sexual violence. She also has a very active role in the local middle schools and elementaries teaching Social Emotional Learning. Her connection with the group allows the students to feel comfortable with The Mahoney House in case they ever need to seek services or support in the future. Pam is an avid steelhead fisherman and loves to mountain bike. She lives in North Fork, her home for the past 14 years. She often feels more comfortable chasing the perfect single-track trail or casting 1,000 casts for a chance at the fish, then she does writing a bio. She truly believes a connection to nature fuels the fire within to discover the power inside to find peace for any situation.

Taryn Molitor

Taryn Molitor, BS in Community Health Education from Idaho State University, 2007. Taryn began her career in child abuse prevention in 2009 with the ICARE Program of St. Vincent de Paul North Idaho. First serving as a home visitor and Nurturing Parenting Program Facilitator, she soon gained certification as an Authorized Facilitator and Certified Instructor for the Stewards of Children sexual prevention program. Taryn is a facilitator for the Ready 4 Kindergarten! School readiness program as well as a member of the HOPE Community of Practice across Idaho. In her personal life, she is a wife and mother to four children and also serves as an 8th grade girls' small group leader for Real Life Post Falls' Middle School Ministry.



Liz Paul

Liz Paul serves as the Coordinator for the Strengthening Families ACEs Learning Collaborative. Liz is a consultant with expertise in communications, advocacy, and project design and management.

Josh Pohlman

Josh's background stems from illegal freight train graffiti & skateboarding. The idea of SIXES grew from Josh's teen dreams of opening his own graffiti shop. Josh and Kaitlin officially started SIXES in 2018. It didn't take long for them to realize they made a good team and started making big plans. In October 2020 they leased a vacant space to become an art studio of sorts. They spent the next year remodeling their space, starting their first annual Mural

Fest, putting up about 15 murals, and made the biggest decision of Josh leaving his full-time job at ON Semiconductor. After a year of their own sweat equity and help from friends and family the remodel was done! Unfortunately, 3 days later it was destroyed by a fire in February 2022. It was devastating and a major decision moment. Start again or pack it in? Only 3 days later they stumbled upon a property that was everything they needed to expand. It wasn't listed anywhere but they made a call and 2 short weeks later they moved into their new shop on Yellowstone. It was 10x the space and 10x the opportunity. As soon as they set up shop the opportunities just came pouring in, which is how they connected with Ruta and the Idaho Resilience Project to start their own creative children's programming.

Patrick Reagan, MBA, JD

Patrick Reagan, father of eleven (all boys...except for nine of them), is passionate about keeping children safe and helping them develop skills that last a lifetime. Since earning his law degree and Masters of Business Administration, his professional career has focused on helping others find success. Before joining The Mahoney House, he enjoyed 15 years

with Kaplan Test Prep as a teacher, trainer, and director, helping prospective students earn admission to their dream schools. Patrick loves dad jokes and tries to find the humor in life (much to the consternation of The Mahoney House staff).

Lola Riley

Lola Riley is the Parent Development Coordinator at Family Advocates. With her deep desire to help children Lola started with Family Advocates as a volunteer in 2019. As a volunteer Lola helped the facilitator with the parent groups in Caldwell and in Boise when need. Due to her love of working with the families and seeing family's bond and strengthen, Lola joined the staff in 2021. Lola graduated from Boise State University with a BS in psychology, a Minor in family studies and a certificate habilitative services. Lola also holds AA degrees in child and adolescent development, and another in psychology.

Staci Shaw, M.Ed

Staci Shaw has a bachelor's degree in elementary education and a Master's Degree in Education, Curriculum and Instruction. She taught in the classroom for 15 years, worked as an instructional coach, taught education courses, and worked one-on-one with students with learning disabilities. Staci has been a literacy consultant at the Idaho Commission for Libraries since 2008, and enjoys coordinating early learning programs, training library staff in early learning pedagogy, and helping Idaho libraries reach underserved families. Her current work with Idaho libraries strives to support school readiness through collaborative community partnerships, and helping libraries develop readiness programs for families with limited preschool options.

Katie Simmons

Katie Simmons has worked for the ICARE Program for 25 years. First as a home visitor, and then as a facilitator for Love & Logic parenting classes, Nurturing Parenting Program and Stewards of Children sexual abuse prevention program. She has been the Director of ICARE since 2012. She is a graduate of North Idaho College with an Associates of Science in Child Development and Lewis-Clark State College with a bachelor's degree in general studies with an emphasis on social work. Simmons is a member of the Idaho Opioid Misuse & Overdose Prevention Steering Committee and leads the North Idaho Strengthening Families Coalition. In her personal life, she is a wife and mother to two adult children and grandma to a two year old grandson.

Janelle Stauffer, LCSW

Janelle Stauffer is a somatic trauma therapist who practices in Nampa Idaho. Janelle believes strongly in the nervous system's ability to find healing by finding the states of safety, play, and rest. Janelle works with all ages, from birth on. She loves playing in the mountains, practicing yoga, and being around the many people she loves.

Kristina Taylor

Kristina Taylor has a bachelor's degree from Kenyon College in Environmental Studies and Anthropology. Kristina started working for the Idaho Commission for Libraries as the Grants Officer in 2012, helping to manage ICfL's federal and state grants. In 2017, she transitioned to the Youth Services Project Coordinator position, working on statewide outreach and family engagement programming for public, school, and tribal libraries. The Idaho Libraries & Laundromats program is one of her pet projects.

Christine Tiddens, LMSW

Christine Tiddens, LMSW, has over a decade of experience developing and leading successful policy initiatives in Idaho that improve the health and well-being of kids and families. As a licensed social worker, she has filled a variety of roles in the nonprofit field, including fundraiser, researcher, lobbyist, coalition leader, political strategist, and educator. Christine is the director of Idaho Voices for Children and serves as an adjunct professor at Boise State University's School of Social Work, on the NASW Idaho Board of Directors, and on the Annie E. Casey Foundation KIDS COUNT National Steering Committee. Christine earned her Master's in Social Work degree from Boise State University and holds degrees in Political Science and Psychology from the University of Idaho.

Jill Trumble, M Ed Tech

Jill Trumble is the director of the Family Strengthening Education Program (FSEP) at Family Advocates. She has over 30 years in education as an elementary teacher in public, charter, and online schools. Jill is a native Idahoan, graduating with a degree in Elementary Education from Idaho State University and a master's degree in Education Technology from National University. Her years of experience with working with children and families from diverse backgrounds throughout Idaho brings cultural awareness, compassion, and a commitment to helping build strong foundations in families. Jill is married to her high school sweetheart of 30 years and has three adult children: Mary, 26, Sarah, 24, and John, 21. When she is not reading, baking, or exercising, she and her husband enjoy traveling in their RV and riding motorcycles throughout the Northwest.

Holly Walund

Holly Walund is a Project Manager at the Idaho Department of Juvenile Corrections for the Division of Community Operations and Program Services (COPS). The Community, Operations, and Program Services (COPS) Division empowers communities, juveniles, and families to create a safer Idaho. The Division promotes hope through innovative community-based services to address individual and family needs. The Project Manager furthers this mission through working to establish Youth Crisis and Assessment Centers according to legislative intent. Holly is passionate about developing new resources through evidence-based investments. Holly lives in Boise Idaho, graduated from Boise State University in 2010 and has over 12 years of experience in the behavioral health field. She brings this passion for behavioral health to her current role as Project Manager, assisting I DJC in meeting their mission to develop productive citizens in active partnership with communities.

Taryn Yates, LMSW

Taryn Yates received her master's degree in Social Work from George Mason University with a focus on Macro Social Work. She moved to Boise, Idaho to work as a community organizer and quickly found her passion for advocating for policy and systemic change to support women, children, and families. She worked as the Grant Manager for the Idaho Children's Trust Fund for six years where she developed her knowledge about Positive and Adverse Childhood Experiences and joined the Hope Conquers ACES community of practice. She is the current Program Manager for the Idaho Maternal, Infant, and Early Childhood Home Visiting Program.

Alex Zamora, LCSW, Ph.D.

Alex Zamora, Ph.D., LCSW is Principal of Wilder Elementary and Idaho Future-Ready Academy. Alex was a former Board member of the Idaho Children's Trust Fund and taught as part-time faculty for a MSW program.

Jane Zink, MA

Jane Zink has been working to strengthen families and improve outcomes for children for about 20 years. She helps to build early childhood systems that use the Strengthening Families Protective Factor Framework™ to promote strengths in families and family-serving organizations. Jane has created nationally recognized trainings for professionals and parents and is the co-author of STRONG: Teaching the Strengthening Families Protective Factor Framework to Parents and Professionals. She consults with partners across sectors to help them intentionally implement the framework in their everyday interactions with families.

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