

Idaho Children's Trust Fund Capacity Building Grant Initiative Applicant Reference Sheet

Purpose

This reference sheet provides optional resources and examples to support your LOI submission. They are intended to help organizations consider ways to strengthen their work through training, tools, and systems.

Standards of Quality Framework

Applicants are required to use the Standards of Quality for Family Strengthening and Support framework for assessment and evaluation.

Standards Overview: <https://www.nationalfamilysupportnetwork.org/standards-of-quality>

Training and Capacity Building Opportunities

- Trauma-Informed Care and ACEs Awareness Training
- Community Resilience Model (CRM)
- Strengthening Families Protective Factors Training
- Family Engagement and Parent Leadership Training
- Substance Use Prevention and Harm Reduction Training
- Data Collection and Program Evaluation Training

Focus Area Examples

Family Centeredness: *Family Engagement and Relationship Building*

- Structured outreach plans for defined populations
- Parent advisory groups or leadership structures
- Partnerships with schools, clinics, or community organizations
- Tracking systems for engagement and follow up

Family Strengthening: *Program Quality and Staff Capacity*

- Staff training in child development or trauma-informed care
- Use of evidence-informed curriculum or structured programming
- Coaching and supervision systems
- Consistency across program delivery

Evaluation and Continuous Improvement

- Baseline assessments using the Standards of Quality tool
- Identifying gaps and setting targets
- Tracking progress using indicators and scoring
- Using data to adjust and improve programming

ACEs, Prevention, and Substance Use

Applicants should demonstrate an understanding of how adverse childhood experiences impact families and how prevention efforts reduce long-term risk including substance use.

- **Centers for Disease Control and Prevention ACEs:** <https://www.cdc.gov/violenceprevention/aces>
- **Substance Abuse and Mental Health Services Administration:** <https://www.samhsa.gov>
- **Prevent Child Abuse America:** <https://preventchildabuse.org>

Important Reminder

This grant is designed to strengthen and build on existing work. It is not intended for one-time events or starting new programs without an established foundation.