

JOIN US FOR THE

23rd Annual Statewide Training Event

MARCH 29-30, 2022 – RIVERSIDE HOTEL • BOISE

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SFTI



STRENGTHENING FAMILIES
TRAINING INSTITUTE

Taking the Leap

To Bring our Work to Scale

I often say that we have some of everything but not enough of anything.

That actually gives me hope. We know what to do to prevent child abuse and neglect, we just don't do enough of it. There are great models around the state and around the country that do great work at strengthening families, providing opportunities for healing, opportunities for flourishing as our keynote speaker suggests. You may very well be part of one of those exemplary programs.

Dr. Christina Bethell, who will kick off this year's training institute with a talk and practice opportunity focused on bringing our work to scale. What if all families had access to the support they need and access to high quality programs if they need them? What if our emphasis was on families thriving, flourishing? All children living in safe, stable, and nurturing homes.

We will close, as we have for the last several years, with a panel of people sharing their lived expertise. This year, Luis Granados, Executive Director of Breaking Chains Academy of Development in Nampa, will facilitate a conversation with some of his students who are breaking free of the chains of gang life to seek a different future.

And as always there is a lot in between! Staff from the Upper Valley CAC will be talking about healing a community after a school shooting. We have representatives from Prevent Child Abuse America and Illuminate Colorado to talk about the Thriving Families Safer Children Movement. And as they say, "that's not all!" Not by a longshot!

Join us in March for the 23rd annual training institute. Let's take the leap together!

– Roger Sherman, Executive Director



CONFERENCE AT A GLANCE

This year's conference offers professionals the opportunity to earn up to 9 Continuing Education Units (CEU's).

TUESDAY, MARCH 29, 2022

8:45-9:00Welcome, Introductions and Housekeeping
9:00-10:30Keynote Address: From Awareness to Action: Taking the Leap to Bring Healing,
Equity and Flourishing to Scale - Christina Bethell, Johns Hopkins University
10:30-10:45Break
10:45-12:15Plenary Workshop: Christina Bethell
12:15-1:15Lunch and Networking
1:15-2:30Workshops Session 1
2:30-2:45Break
2:45-4:15Workshops Session 2
Evening Presentation TBD

WEDNESDAY, MARCH 30, 2022

8:45-9:00Welcome Back and Reflections
9:00-10:30Workshops Session 3
10:30-10:45Break
10:45-12:15Workshops Session 4
12:15-2:30Awards Luncheon and Closing Panel

*All times are listed in Mountain Standard Time



PLENARY SESSIONS

DAY ONE KEYNOTE:

From Awareness to Action: Taking the Leap to Bring Healing, Equity and Flourishing to Scale

TUESDAY, MARCH 29

Christina D. Bethell, PhD, MBA, MPH



Dr Bethell's keynote will focus on promoting child, family and community flourishing, even amid the adversity and trauma present in society today. Steps and skills to shift to a flourishing paradigm will be outlined, including key skills, enabling policies and foundational mindsets essential to restore innate capacities for individual, relational and community resilience and healing. Through collaboration across health, education, social services and with families and communities, we can implement the science of thriving and create a joyful process that establishes the transformational resilience needed to face current challenges with hope, creativity and commitment to the well-being of all children, families, communities and ourselves.

Dr. Bethell is a Professor at Johns Hopkins University in the Bloomberg School of Public Health, where she advances an integrated Science of Thriving to promote early and lifelong health of children, youth, families and communities. She promotes a positive construct of health and health care focused on cultivating safe and nurturing relationships, flourishing, positive childhood experiences and child, family and community resilience. With roots in systems change, financing reform and social epidemiology, she is the founding director (1996) of the national Child and Adolescent Health Measurement Initiative (CAHMI), has led the design, validation and use of numerous family centered metrics and leads the National Data Resource Center for Child and Adolescent Health (www.childhealthdata.org). Her Cycle of Engagement (COE) model and evidence-based Well Visit Planner technology engages families, care teams and communities as partners in promoting early childhood development. She led the design of the Prioritizing Possibilities national agenda to prevent and mitigate impacts of childhood trauma and has been pivotal in shifting the national and international dialogue from trauma and toxic stress to the promotion of relational health. Christina earned an MBA an MPH from the University of California, Berkeley and PhD in public policy from the University of Chicago. She teaches courses on mitigating adversity and promoting child well-being, Mindfulness Based Stress Reduction and We Are the Medicine healing and systems change methods and is an avid student of human potential for flourishing amid adversity. She writes poetry, dances and believes that attuned connection with ourselves, life and others is the source of our creativity and joy.

PLENARY SESSIONS

DAY TWO CAPNOTE:

“We Never Give Up on Anyone”

WEDNESDAY, MARCH 30

Luis Granados and students from Breaking Chains Academy of Development

Join Luis Granados and students from Breaking Chains Academy of Development in what promises to be an eye-opening closing panel. Listen as they share their current struggles, why they attend Breaking Chains, and their hopes for the future. See first-hand the powerful impact one person or organization can have and how it results in strong, resilient children and young adults.

Luis began at Breaking Chains of Development as a student, immersed in the local gang culture with no plans of escape. Through the mentorship and resources, he was provided at BCAD, he was able to change his path and began his journey from student to mentor, tutor, and now the Executive Director of Breaking Chains Academy of Development in Canyon County, ID. Luis has dedicated his life to working with youth much like himself and helps them attain their GED/HSE while providing mentorship, positive experiences, and essential life skills.



WORKSHOP SCHEDULE

Session 1: Tuesday, March 29

1A: Children's Issues in Indian Country

Natasha Anderson, JD, Nez Perce Tribal Attorney

Native American children in Idaho are removed from their homes at twice the rate of their percentage of the population. Learn about issues facing Native American families, the Indian Child Welfare Act and how indigenous communities in Idaho are dealing with child welfare issues.

1B: The Science and Art behind Collaborative Teams in the Education System

Darin Burrell, Fremont Co. Juvenile Probation

Working with youth who have behavioral issues is often challenging for educators, parents, and other youth serving organizations. The struggle to focus on the child and not the complex situations these children are living is the focus of RACE (Resource and Collaboration Efforts) meetings in Fremont County. This collaborative effort between juvenile probation, educators, law enforcement, advocates, and other community partners shift the question from "what is wrong with these kids" to "what has happened and how can we help these kids". Come learn about how this meeting evolved into the productive team it is today.

1C: Creating the Conditions for Thriving Children, Families, and Communities

Jennifer Jones, MSW, Prevent Child Abuse America and Jade Woodard, Illuminate Colorado

This workshop will focus on some of the key initiatives underway to provide all children, families, and communities with the things they need to thrive and flourish. The presenter will provide a brief overview of the history of prevention efforts in the U.S., some of the latest research on positive childhood experiences, and current efforts to reframe childhood adversity. The Colorado Partnership for Thriving Families will be highlighted as one example of a local initiative working to create the conditions for all children and families to thrive.

1D: It Isn't Just for Parenting: An Intro to Trust Based Relational Intervention (TBRI)

Michelle Batten, Federation of Families

This workshop will introduce participants to Trust Based Relational Intervention (TBRI) and its three core principles: Connection, Empowerment and Correction. TBRI® is a therapeutic model that trains caregivers to provide effective support and treatment for at-risk children. TBRI has been applied in orphanages, courts, residential treatment facilities, group homes, foster and adoptive homes, churches, and schools.

WORKSHOP SCHEDULE

Session 2: Tuesday, March 29

2A: Local Collaboration In Idaho Early Education

Martin Balben, Idaho Association for the Education of Young Children

Localities across Idaho are engaging in collaboration to expand efforts that engage families, business partners, early childhood educators, schools, policymakers and others to build an early education system for parents with young children and work to improve school readiness outcomes with a focus on early literacy. Providing quality care and education early in life is a core strategy for prevention of child abuse and neglect according to the CDC. This breakout will discuss the roles that local collaborations are taking on in this system building work and explore the future of these locally driven programs in the current landscape.

2B: Child Welfare in the Age of the Family First Prevention Services Act (Family First)

Susan Dwello, LMSW Idaho Department of Health and Welfare

This workshop will provide participants with the opportunity to learn about Idaho's implementation of the Family First Prevention and Services Act and how Family First supports evidence-based prevention services to narrow the number of children and families who enter the child welfare system. Information shared will include results of the 2021 Idaho Department of Health and Welfare Division of Family and Community Services Needs Assessment Gaps Analysis and Idaho's submission of the Five (5) Year Title IV-E Prevention Services Program Plan.

2C: Creating a Family Well-Being System: Colorado Partnership for Thriving Families

Jade Woodard, Illuminate Colorado

Since 2019, human services, public health, families, and community partners in Colorado have been coordinating efforts to create the conditions for all children and families to thrive, with a primary focus on family and community strengthening during pregnancy and the first year of life. Join this session to hear about how Colorado is seizing opportunities to align systems, strengthen early touchpoints, and shift community norms, as well as consider local opportunities to catalyze similar strategies in your community.

2D: Rupture & Repair in the Attachment Relationship

Janelle Stauffer, LMSW

Why do some children become sad, withdrawn, insecure or angry whereas others become happy, curious, affectionate, and self-confident? The answer lies in part with the quality of emotional relationship between parent and child. In this session, Janelle will provide a focused training on the concepts of Rupture and Repair in the good enough caregiving relationship. Participants will leave understanding what a good enough caregiver is, how rupture and repair is actually healthy, and how to teach parents to move from "perfect parenting" into "good enough parenting"

WORKSHOP SCHEDULE

Session 3: Wednesday, March 30

3A: The Impact of Racism on Child Development: Why and How It Occurs and Pathways to Mitigation

Whitney Mestelle, Inclusive Idaho

For many people of color, the trauma of racism is introduced at a very young age and in turn has immediate harmful impacts on care, development, learning, and overall health. In this workshop I will share personal story, breakdown the impacts of racism on child development, discuss transracial adoption and steps to mitigate some of the challenges, and provide time for questions and answers.

3B: Idaho Resilience Project

Jean Fitzgerald Mutchie, MBA and Shannon McGuire

Community collaborations can transform people and places, but the challenge can be moving from inspiration to impact at scale. Systems change requires big thinking and action, and this workshop will explore how the Idaho Resilience Project moved from an idea to a collaborative making statewide impact.

3C: Uncharted: Finding a Path to Healing for a Community

Kimber Janes, MPA and Ashley Stallings, MA, Upper Valley Child Advocacy Center

On May 6, 2021, Jefferson County and the surrounding area was rocked by a school shooting. Ashley and Kimber will talk about navigating victim services for those impacted while trying to maintain preventative programs and consistent victim services for other populations. This will be a candid presentation on the difficulties both expected and unexpected that have presented themselves, and how it takes a village working together to recover from mass violence.

3D: BLOCK Play, STRONG Play: Strengthening Families One Block at a Time

Jane Zink, MA, Idaho Association for the Education of Young Children and Maureen Durning, Butterfly TTT

One block at a time, we watch the baby grow: from mouthing a single block to building a three-block tower to creating a whole city of roads and buildings. Why do children love playing with blocks, and how can we encourage and enhance their fun and learning? What skills can they develop and how can we help? Join us as we discuss the Love Blocks Project and the value of Block Play, not only for our children's cognitive, motor, social, and emotional development but for building STRONG family relationships and contributing to the development of the Strengthening Families Protective Factors.



WORKSHOP SCHEDULE

Session 4: Wednesday, March 30

4A: Libraries Help Families Build Protective Factors

Jennifer Redford, MLIS Idaho Commission for Libraries

Libraries play an important role in supporting families. They are free and open to all. During this presentation, you will learn how libraries support families and help build the five protective factors to help mitigate the effects of ACE's for children in Idaho. We will discuss examples of how libraries support families in both traditional and innovative ways. Libraries make great partners. Learn more about the role of libraries in supporting families and how to partner with them to have a greater impact on the families you serve.

4B: The Community School Strategy: Strengthening Families and Building Resilience

Hayley Regan and Christa Rowland, MPA, United Way of the Treasure Valley

The Community School strategy is creating lasting change for students and families by coordinating resources and partnerships through local schools to increase family stability and expand opportunities for students. Students often face barriers outside the classroom that make it difficult for them to be successful inside the classroom. By finding the right partners to help address these barriers, children and families are supported both inside and outside the classroom. With resources like free preschool and afterschool programs, student mentorship, dental services, mental health services, basic needs support, adult education, and more, the Community School Strategy is reimagining local schools to be a community hub where families and students are supported and empowered to achieve their goals.

4C: ACES Learning Collaborative

Liz Paul and Tom Patterson, MD, Family Medicine Residency of Idaho

The Strengthening Families ACEs Learning Collaborative provided guidance to pediatricians administering the ACEs screener. More than 60 parents provided the often-overlooked patient perspective on how pediatricians can respectfully conduct an ACE screening and provide supportive follow-up. Consumers of medical services, especially regarding sensitive topics like parenting and ACEs, bring important insights that can mean the difference between successful and unsuccessful treatment. This workshop will delve into the benefits and challenges of engaging parents representative of Idaho's diverse demographics.

4D: Resilience in the Classroom and Community

Shanie Mantz, M.Ed., CDA School District and Florina Ruvio, Idaho Public Television

Shanie and Florina will discuss the importance of creating a safe learning environment for children. Join them as they share practical tools and techniques that can be used both inside and outside of the classroom to help build strong, resilient children.

REGISTRATION

REGISTRATION RATES:

REGISTRATION TYPE	EARLY BIRD RATE	REGULAR RATE
Full 2-day Conference	\$125/person	\$145/person
Workshop Presenters & ICTF Board /Staff	Complimentary	Complimentary
Students and Organizations with 10 or more participants	\$90/person	\$100/person

ACCESS ONLINE REGISTRATION:

Everyone who is attending must register for the conference through our online registration portal, Access. To register: go to: www.idahochildrenstrustfund.org and click on Training > Registration.

GROUP: If you are part of a group, it will require the names of everyone in your group, each person's selection of 2 workshops, and a payment method to complete the registration. ***It will be easier if you have collected all this information before registering.***

PAYMENT METHODS

Your online ACCESS registration will only be completed when you have chosen a payment method. Here are the types that are accepted:

- You can pay via a credit card or state-issued P-Card through the ACCESS site.
- We can invoice your agency for payment.
- If you are an Idaho Department of H&W employee, select "DHW Employee/PCA Transfer"> The system will prompt you to have us invoice your department or if you want to do an interagency transfer, it will prompt you for your PCA code.

Please call the Idaho Children's Trust Fund office with any questions:

(208) 386-9317 or email taber.martin@ctf.idaho.gov



CONFERENCE LOCATION AND LODGING:



THE RIVERSIDE HOTEL

The Riverside Hotel is conveniently and centrally located in Garden City just off the connector at 2900 W Chinden Blvd., Garden City, Idaho. With a simple call to the front desk, their Courtesy Airport Shuttle takes you directly from the airport to the hotel located approximately 15-minutes away.

The Riverside is a 304-room convention hotel located along the banks of the Boise River in Garden City and offers free on-site parking, two restaurants, and the Sapphire Room bar which offers live music. Guests enjoy conveniences such as free on-site parking, business center, guest marketplace, room service and on-site bicycle rental. All rooms feature one King bed or two Queen beds, individual climate control, flat screen television, free wireless internet, coffee maker, down bedding and more.

BOOKING YOUR LODGING

The RIVERSIDE HOTEL is holding a discounted block of rooms for Strengthening Families Training Institute guests. Please call the hotel at 208-343-1871 by March 2nd 2022. Mention that you are attending SFTI to reserve your room at the special room rate of \$147.00 for a single or a double.

