

SFTI

STRENGTHENING FAMILIES TRAINING INSTITUTE

ONLINE!

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Join us for the
22nd Annual Statewide Training Event
Presented by *Idaho Children's Trust Fund/Prevent Child Abuse Idaho and the
Governor's Children at Risk Task Force*

*Strengthening Families Training Institute
presents:*

**Becoming Mandated Supporters:
Creating a 21st Century
Child Well-Being System**

March 15-17, 2021

January 2021

Becoming Mandated Supporters: Creating a 21st Century Child Well Being System

"What if we considered ourselves not just mandated reporters, but also mandated supporters? What if we got ahead of the problem of child abuse? What if we considered it our duty, as community members, to support families the best we can so that they can support children the best they can?"

*And how do we, in whatever role we play, address abuse and neglect? We start with where we are, and who we are. We connect with the families in our community. **We give ourselves the mandate to be supporters.**"*

--Claire Louge-Prevent Child Abuse Arizona

Isn't this really who we are or who we want to be? Not to diminish the importance of mandated reporting but reporting is only needed if we fail to prevent abuse or neglect in the first place. What would it look like to build a system built on mandated supporting for kids and their families?

Join us to see what the future could look like. We are the ones we are waiting for.

Our partner in this year's SFTI is the Governor's Children at Risk Task Force which is a part of the continuum of services that make up our current system. They help us to see what needs to be prevented by reviewing child fatalities and by working with the systems that intervene when abuse occurs.

The current system—and the system we envision for the future—has lots of moving parts. We will need prevention education, public policy, racial equity, and protecting children at risk. It's going to take schools and churches, parents, neighbors, coaches, the rec centers, local and state government. A full continuum means ensuring child well-being--whatever it takes.

The goal of prevention of child abuse and neglect and the goal of keeping kids safe are really child and family well-being. We want to create the environments that give children the best opportunity to thrive and be successful-in whatever ways they define success.

Join us at this year's Strengthening Families Training Institute Online! to help us create the 21st Century Child and Family Wellbeing System.



Roger Sherman, Executive Director

Conference at a glance

This year's three-day online conference brings together over 300 child advocates, prevention practitioners, multi-disciplinary teams, educators, and parents from throughout the state to learn about best practices for preventing child abuse and neglect. The 22nd annual Strengthening Families Training Institute is sponsored by the **Idaho Children's Trust Fund**, which is also the state affiliate of **Prevent Child Abuse America** and the **Governor's Children at Risk Task Force**. The conference brings together well-known local and nationally known professionals whose expertise covers issues related to strengthening and supporting families. This year we are providing a racial equity lens as we close the conference.

This year's conference offers professionals the opportunity to earn up to 7.5 Continuing Education Units (CEU's). There are also clinical CEU's available in each session.

Monday March 15, 2021
8:45-9:00 MST Welcome, Introductions and Housekeeping 7:45-8:00 PST
9:00-10:15 Keynote Address: Melissa Merrick, Prevent Child Abuse America 8:00- 9:15 PST
10:15-10:30 MST 9:15-9:30 PST Break
10:30-12:15 MST 9:30-11:15 PST Documentary: Resilient Idaho: Hope Lives Here!
Panel discussion
Tuesday, March 16, 2021
8:45-9:00 MST 7:45-8:00 PST Welcome Back and Reflections
9:00-10:15 MST 8:00- 9:15 PST Keynote Address: Sarah Watamura, Denver University
10:15-10:45 MST 9:15- 9:45 PST Networking Time: Ribbons of Hope
10:45-12:15 MST 9:45-11:15 PST Workshop Session 1

Wednesday, March 17, 2021	
8:45-9:00 MST	
7:45 -8:00 PST	Welcome Back and Reflections
9:00-10:15 MST	
8:00 -9:15 PST	Workshop Session 2
10:15-10:45 MST	
9:15- 9:45 PST	Networking Session
10:45-12:15	
9:45-11:15	Capnote: Panel on Racial Equity in Idaho hosted by Corey Best

Plenary Sessions

Tuesday, March 17

Keynote Address Day One KEYNOTE: The Power of Prevention



Melissa T. Merrick, PhD, is President and CEO of Prevent Child Abuse America, the nation’s oldest nonprofit organization dedicated to the primary prevention of child abuse and neglect. She has nearly 20 years of clinical, research, and leadership experience related to the etiology, course, and prevention of child abuse and neglect.

Previously, Dr. Merrick was a senior epidemiologist at the National Center for Injury Prevention and Control at the Centers for Disease Control and Prevention (CDC), in Atlanta, and served on a detail in the Office of the Commissioner at the Children’s Bureau in the Administration for Children and Families. In partnership with the US Department of Health and Human Services’ Office of Child Abuse and Neglect, she served as the lead scientist for the Adverse Childhood Experiences (ACE) study at CDC for 8 years. Dr. Merrick successfully leverages her clinical and research experiences to communicate and disseminate the critical public health importance of preventing early adversity to key stakeholders with diverse priorities, backgrounds, and knowledge, including legislators, business and civic leaders, and members of the academic and medical communities.

Dr. Merrick received her BA in psychology, magna cum laude, from the University of Pennsylvania, and her master’s and doctoral degrees in clinical psychology from the San Diego State University/University of California, San Diego, joint doctoral program in clinical psychology,

where she served as a program coordinator for the San Diego site of the Longitudinal Studies on Child Abuse and Neglect consortium. Dr. Merrick was a National Institutes of Health-funded postdoctoral fellow at the University of Miami Child Protection Team (CPT), where she was involved in a multi-site program of research that examined child maltreatment risk and protective factors in families evaluated by CPTs across the state of Florida.

Dr. Merrick is married and has two young children who keep her grounded, thankful, and hopeful for a brighter future for all children.

Documentary: Resilient Idaho: Hope Lives Here!



This much anticipated documentary Idaho-izes ACEs and resilience through the stories of people throughout our state with lived experience of child trauma and healing. It will be released on Idaho Public Television in February. We will screen it for the conference audience and have a Q&A after with people in the video and special guests!

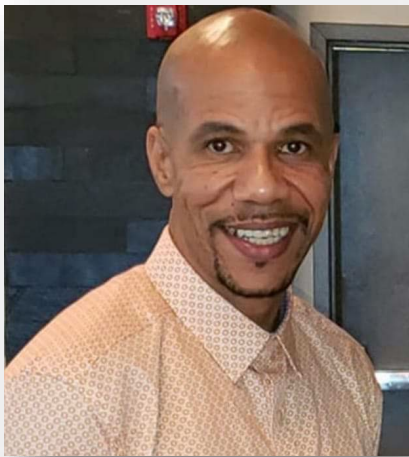
Day 2 Keynote: Dr. Sarah Watamura



Sarah Enos Watamura, PhD, Professor & Chair, University of Denver

Dr. Sarah Enos Watamura is Professor and Chair of the Psychology Department at the University of Denver where she directs the Child Health & Development Lab and co-directs the Stress, Early Experience and

Development (SEED) Research Center. After training with Megan Gunnar, PhD, at the University of Minnesota's Institute of Child Development, she received her PhD from the Department of Human Development at Cornell University in 2005. She has longstanding interests in children's physiologic regulation, their development within caregiving contexts, and in understanding mechanisms and trajectories from early life stress to later physical health, mental health, cognitive/educational, and socio-emotional outcomes. Her work focuses on the unique stressors and buffers in families experiencing poverty and among newly immigrated and refugee families and includes testing promising intervention approaches. Recent projects test and develop interventions to support families facing adversity, including those that target the wellbeing of the adults in children's lives who themselves may have history of adversity.



CAPNOTE: Corey Best and a panel to discuss race equity in Idaho

Corey B. Best is first, a dedicated father. While originally from Washington, DC, he now resides in Florida. This is where Corey began his transformation into leadership training, systems building, family engagement, anti-oppressive practice, promoting protective factors, social equality and highlighting "good enough parenting" for those impacted by the child welfare system.

Mr. Best is commonly known as a leader and skilled facilitator that brings a combination of lived and professional experience as he organizes for child welfare justice and transformation. His innovative style and approach led him to receive the 2016 Casey Family Programs Excellence for Children's Award. This work has allowed Corey to take leadership to the next level. His perspective is that a leader must have a set a values and behaviors that embrace diversity, shared power and social contribution to see lasting changes within our communities.

Corey is Certified in the National Alliance of Children's Trust and Prevention Fund's ***Bringing the Protective Factors to Life in Your Work***. In addition to several speaking and technical assistance opportunities, he proudly serves as an active member Board member with Alia. His role has also morphed into a Professional Guide for the Alia Innovation Cohort. Corey has also mobilized countless communities to intentionally share power, while infusing perspectives of constituents in practice and policy changes that directly impact communal wellbeing. In short, Corey's mission is to positively influence the lives of children, families, and communities through curating emotionally safe and racially equitable relationships.

Workshops

Tuesday, March 16

Session 1 – 10:45 -12:15 MST/9:45-11:15 PST

1A Stress, Early Experience and Development

Sarah Watamura, PhD

This workshop will be a follow up to her keynote address focusing on her team's work at the SEED Research Center. This work focuses on the unique stressors and buffers in families experiencing poverty and among newly immigrated and refugee families and includes testing promising intervention approaches.

1B *Child Welfare and Well-Being - How to Develop Trauma Informed Schools*

Keith Orchard, LCSW

Schools are an integral part of the success in all community child and family welfare programs. This workshop will discuss the journey that Coeur d'Alene Public Schools is on to be fully Trauma Informed and how other schools and communities can learn from their experiences to build the capacities of the education system to support the needs of the whole child. Part of this endeavor is to purposely build relationships and partnerships with families and community organizations, creating a system that fully wraps around and meets the various needs of all families.

1C Intervention as Prevention: Preventing Child Abuse for the Next Generation

Kimber Tower and Ashley Stallings, MA

Primarily a Child Advocacy Center's (CAC) mission is to intervene after child abuse has occurred. However at Upper Valley CAC we have come to notice and understand that prevention is a necessary part of the job. By providing both intervention and prevention services to the communities we serve, Upper Valley CAC has had the honor of making a positive impact on over 1,500 families in southeast Idaho. Over the years our understanding of both the intervening and preventive side of child abuse has grown. Recently we have come to recognize that intervention and prevention are very much intertwined. Looking at intervention as a necessary part of prevention has become a focus as we provide advocacy services to those families who have experienced child abuse victimization first hand. We believe that understanding this key component and finding ways to provide education and prevention in the midst of intervention has the ability to break the cycle of abuse for generations to come.

1D Breaking Chains with Relationships

Luis Fernando Granados and the "Little Homies"

All kids need a caring adult and a chance to make mistakes in order to succeed in life. The *Breaking Chains Academy of Development* in Nampa provides that opportunity by providing youth who are at-risk of gang involvement with alternatives to a gang lifestyle. *Breaking Chains* provides one-on-one mentoring to help navigate and educate youth on the importance of education and the realities of addictions, gangs, etc. Also, through the mentoring process they train youth to use the mentoring skills they have acquired to become mentors themselves and productive leaders in their communities. This workshop will focus on how the Academy got started, how it engages with youth and the community, challenges and successes and lessons learned from their experience. Some of the teens who are involved with the Academy will join Luis in the presentation.

1E The Child Protection Section of the Idaho State Bar will sponsor a panel discussion entitled **Attorney Tactics and Perspectives: A Panel Discussion on Improving Outcomes for Children and Families**. Panelists will be: Prosecution: Kyle Bringham, Defense: Karen Jennings, Guardian ad Litem Attorney: TBD depending on presentation day/time, Counsel for Children: Krista Howard

Wednesday, March 17

Session 2 - 9:00 to 10:15 MST/8:00-9:15 PST

2A 2C Kids Succeed: Building a Collaborative of Hope

Jean Mutchie, MBA and Shannon McGuire

Community collaboratives can be challenging to build, shape strategy and sustain. There isn't a secret sauce to success but hear how 2C Kids Succeed has engaged elected officials, educators, healthcare systems, law enforcement partners, nonprofits and other community leaders to link arms to build healthy and resilient communities.

The voice of our youth is helping shape the movement, and their direction is clear: they want a community where hope, trust, connection and possibility are rooted. With a goal of investing in a generation for a generation, hope does live here.

2B Attachment, Play & resilience: Building positive experiences early on through play, movement, & connection Janelle Stauffer, LCSW

This workshop will delve into play and movement as an important function for the

developing mind and for mental wellness across the lifespan. Janelle will discuss inmate functions of play and ways it can create a broader sense of security in childhood. She will also share the inmate need for play for all humans regardless of age.

2C Advocacy Lessons from the Wizard of Oz: Educating Policy Makers and Telling Our Story-- Jim McKay, Public Policy Director Children's Trust Fund Alliance

Advocacy can be intimidating, but it is crucial that policymakers hear from people who care about children. Using a fun approach based on the Wizard of Oz, this session features community organizing strategies to build grassroots support and advocate for policies effectively. The session will also include an overview of policies that strengthen families and help children thrive.

2D Wait—Race is not REAL! The Invention and Evolution of Racial Ideology Corey Best, Community Curator, Mining for Gold

Corey will invite participants to take a tour of key occurrences that has lasting impacts on how we view "others". During the workshop, we will co-create a brave space as we examine, explore, and deepen our analysis of how racial formation, historical policies, complex social identities, and racial ideology churns the system of racial inequities. Participants will be provided with resources, literature and walk away with a minimum of one concrete goal that will positively impact their spheres of influence. This is a participatory learning experience. It is encouraged that you approach this conversation with love, compassion, and an open mind for endless possibilities.

2E Suicide Safer Homes, a Focus on Lethal Means

Shannon Decker, M.Ed. Speedy Foundation

This workshop will focus on Idaho's suicide data, provide an overview of the basics of gatekeeping and QPR basics and home in on the reality that Means Matters (Harvard - <https://www.hsph.harvard.edu/means-matter/>). The workshop will explore key concepts about suicide including: Intent isn't all that determines whether an attempted lives or dies; means also matter. Access to firearms is a risk factor for suicide. And reducing access to lethal means saves lives.

(Because of the flexibility of the Zoom platform we may add other workshops if registration numbers warrant it. Please register for the current selection but you will be welcome to change if we add workshops)

Registration

Registration Rates

	Regular Rate
Full 3-day Conference	\$80
Workshop Presenters & ICTF Board/Staff	Complimentary

ACCESS Online Registration:

Everyone who is attending must register for the conference through our online registration portal, Access. To register: go to www.idahochildrenstrustfund.org and click on Training > Registration.

GROUP: If you are part of a group, it will require the names of everyone in your group, each person's selection of 2 workshops, and a payment method to complete the registration. ***It will be easier if you have collected all this information before registering.***

Payment Methods

Your online ACCESS registration will only be completed when you have chosen a payment method. Here are the types that are accepted:

- You can pay via a credit card or state-issued P-Card through the ACCESS site.
- We can invoice your agency for payment:
- If you are an Idaho Department of H&W employee, select "DHW Employee/PCA Transfer" > The system will prompt you to have us invoice your department or if you want to do an interagency transfer, it will prompt you for your PCA code.

Please call the *Idaho Children's Trust Fund* office with any questions: (208) 386-9317
or email taber.martin@ctf.idaho.gov