

WE ARE PLANTING
SEEDS OF HOPE...

Idaho
Children's
Trust Fund



Preventing Child Abuse In Idaho

A N N U A L R E P O R T
2022

...by creating conditions where all kids thrive

Any of us who has ever planted a garden knows that the keys to success are fertile soil, sunlight, and adequate water. If conditions are right, the seeds will grow. If the soil is lousy and there is not enough or too much water, the seeds may not grow at all or may not produce flowers or vegetables.

Children are much the same. The conditions—positive or adverse—will shape the child's growth. We have been learning about ACEs or Adverse Childhood Experiences for several years now. Abuse, neglect, and serious family dysfunction can have long term negative physical effects and behavioral consequences. We have also been learning how Positive Childhood Experiences (PCEs), such as having caring adults in your life, can buffer the impacts of childhood adversities and ultimately prevent them before they happen.

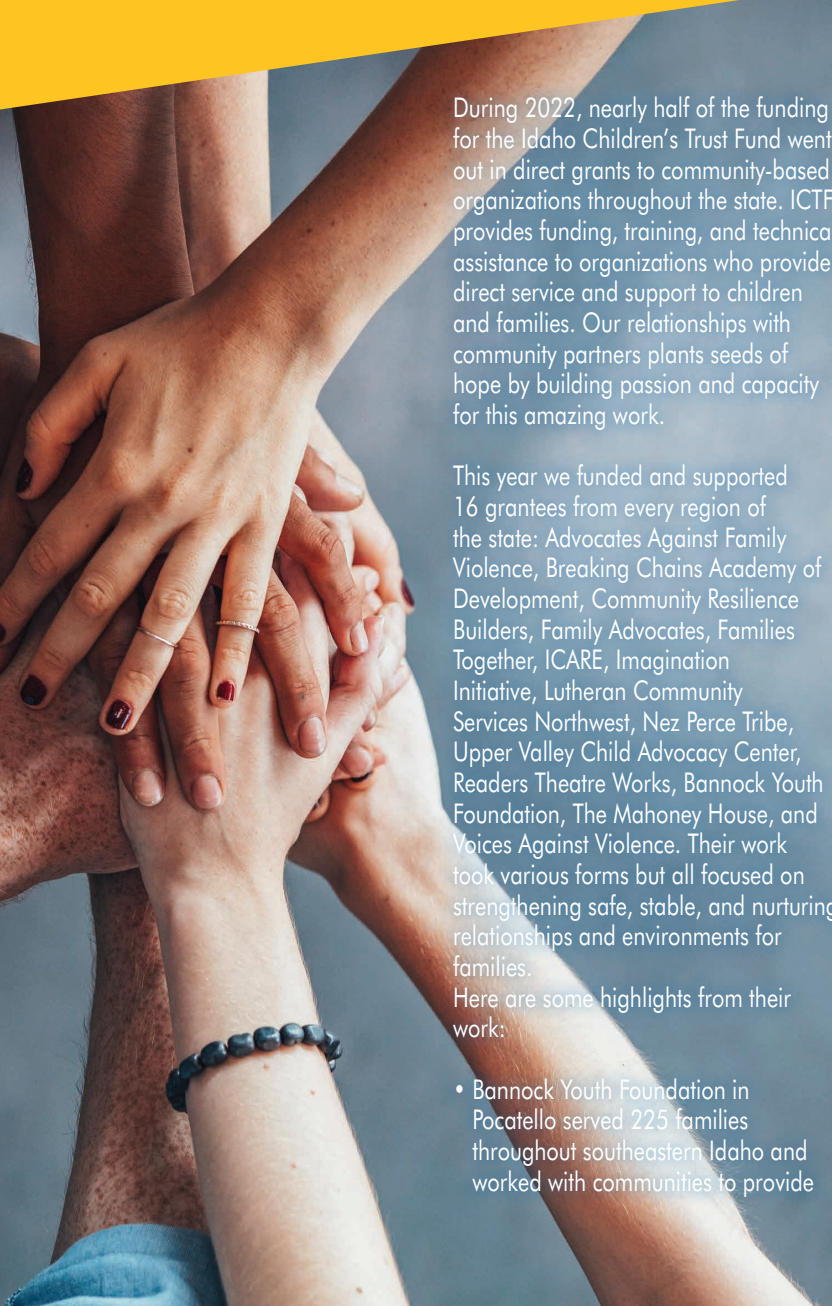
Creating the conditions where all kids can grow and thrive is the goal of the Idaho Children's Trust Fund/Prevent Child Abuse Idaho. All of us together are planting little seeds of hope that through our nurture and care will grow and flourish within the families and communities we serve.

During the past year, the Idaho Children's Trust Fund, planted and grew several initiatives to train and educate professionals who work with families throughout the state and funded local programs directly serving those families.

– ROGER SHERMAN, EXECUTIVE DIRECTOR



...by investing in local communities



During 2022, nearly half of the funding for the Idaho Children's Trust Fund went out in direct grants to community-based organizations throughout the state. ICTF provides funding, training, and technical assistance to organizations who provide direct service and support to children and families. Our relationships with community partners plants seeds of hope by building passion and capacity for this amazing work.

This year we funded and supported 16 grantees from every region of the state: Advocates Against Family Violence, Breaking Chains Academy of Development, Community Resilience Builders, Family Advocates, Families Together, ICARE, Imagination Initiative, Lutheran Community Services Northwest, Nez Perce Tribe, Upper Valley Child Advocacy Center, Readers Theatre Works, Bannock Youth Foundation, The Mahoney House, and Voices Against Violence. Their work took various forms but all focused on strengthening safe, stable, and nurturing relationships and environments for families.

Here are some highlights from their work:

- Bannock Youth Foundation in Pocatello served 225 families throughout southeastern Idaho and worked with communities to provide

prevention education resources, support, and outreach. They planted seeds of hope and leveraged their partnerships by enlisting over 100 different businesses to engage in supporting Child Abuse Prevention Month in April with our "Champion 4 Kids" campaign.

- The Mahoney House in Salmon served 2,205 children and planted many more seeds of hope. They utilized the CORE project to teach social and emotional learning in the school district. They worked with the Idaho Resilience Project to provide a screening of Resilient Idaho: Hope Lives Here and kites to the community.
- ICARE in Coeur d'Alene served 29 adults, and 40 children in North Idaho through their Youth Thrive with STRONG Parents project. ICARE held four Stewards of Children child sexual abuse prevention trainings during the year.

We look forward to planting more seeds of hope with our new cohort of multiyear grantees: Advocates Against Family Violence, The Mahoney House, Lutheran Community Services Northwest, ICARE, and the University of Idaho Extension.

The future is full of hope when we look for what is going right and build from there. We need to plant more seeds!

...by educating our communities

How can we help communities develop the capacity to support families so they all can thrive? What we know from research and practice is that child maltreatment will not be ended by any one strategy. Child abuse and neglect is a complex problem that will require many strategies to address it fully. This year we have grown some initiatives and we have started some new ones.

Training Initiatives:

We have trained 18 new facilitators of the Stewards of Children Sexual Abuse Prevention curriculum in northern and eastern Idaho. We have also revamped the training and trained 17 new trainers for the HOPE Conquers ACEs curriculum. HOPE stands for Healthy Outcomes from Positive Experiences and is the remedy for adverse childhood experiences (ACEs). Increased public education and awareness is the first step in prevention.

ACE Learning

Collaborative: Medical practitioners can play an important role in strengthening families to prevent child maltreatment. ICTF created a parent-centered guide for practitioners to screen for ACEs and positive childhood experiences/resilience. A group of physicians and nurses are learning how to screen, respond and refer to assist parents who have experienced their own childhood trauma.

Community Schools

Coalition: The Children's Trust Fund has joined with Blue Cross Idaho Foundation, the United Ways of the Treasure and Magic Valleys, and St. Luke's Hospital System in an effort to support the development of "Community Schools" that can provide added support to students and families in communities where they are located. These schools are trauma informed and provide a variety of resources to families ranging from food to behavioral health services to parenting classes.



Champions 4 Kids Fence in eastern Idaho

...by increasing awareness of what we each can do



Pinwheels for Kids at Caldwell Elementary



Eagle High School Coin Drive

BE A
CHAMPION
4 KIDS



Caldwell PD Pinwheels for Kids



Mahoney House in Salmon Window Paint



Coeur D'Alene Kiwanis Supports Prevention

...by promoting kindness

Bikers Against Bullies Idaho Falls Winner of the 2021 Ed Van Dusen Legacy Award

The Ed Van Dusen Award for Exemplary Practice in Child Abuse and Neglect Prevention, or The Ed! for short, is presented each year to a program selected by the Idaho Children's Trust Fund's Board of Directors, which exemplifies deep commitment to and successful practice in preventing child abuse and neglect. This year we celebrated the work of:



Bikers Against Bullies in Idaho Falls.

Bikers Against Bullies USA is a not-for-profit group created by bikers, but not limited to bikers, that is committed to creating awareness and educating both children and adults on the benefits of living in a society of respect for each other combined with self-empowerment.

Bikers Against Bullies uses the power of the motorcycle to open kids' eyes and ears to what they call "the wow factor". As the group gets to know them better they do interactive skits to show them how to deal with a bully as well as who to speak with if a situation arises. Most

importantly, they teach them to be kind to each other with non-violent actions.

"We strive to create a society in which our mutual respect will create a new role model for others," say group leaders, "and through our actions enable others to have the confidence to emulate non-violent behavior and reiterate our positive message of inclusion for others. Our hope is to provide early intervention within the schools and other community resources that work with youth, providing education on the difference between abusive (bullying) and non-abusive behaviors."

...by increasing our understanding

Dr. Christina Bethell with the Bloomberg School of Public Health at Johns Hopkins University kicked off this year's Strengthening Families Training Institute (SFTI) with a talk and practice opportunity focused on bringing our work to scale. What if all families had access to the support they need and access to high quality programs if they need them? What if our emphasis was on families thriving, flourishing? All children living in safe, stable, and nurturing homes. Dr. Bethell planted the seed of an idea; it will be up to us to make it grow.

Over 300 people attended the mid-March Institute—the largest in the Trust Fund's history. As we have for the last several years, we closed the Institute with a panel of people sharing their lived expertise. This year, Luis Granados, Executive Director of Breaking Chains Academy of Development in Nampa, facilitated a conversation with some of his students who are breaking free of the chains of gang life to seek a different future. The students left us with tears of both joy and sadness but most of all with hope. We sent people home with a packet of seeds to remind them of the potential of small things, like the children that they teach and nurture.



SFTI
STRENGTHENING FAMILIES
TRAINING INSTITUTE

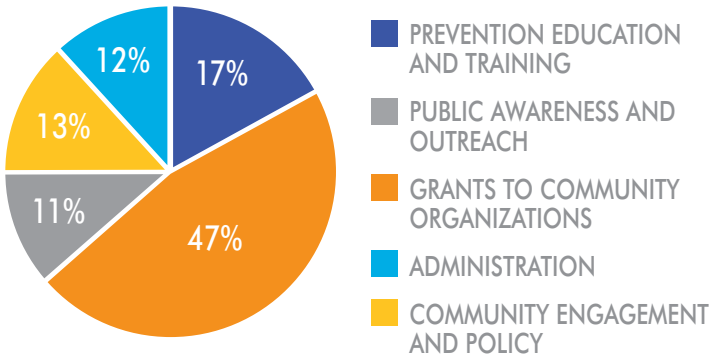
I'll be honest, for years, I dreaded this time of year. The cold weather, the after-holiday blues, and the making of resolutions I knew were already doomed only helped to enforce my feelings that this season needed to go by quickly. Bring on Spring! I always thought. So, I'd hunker down, and for months, I'd wait for those precious signs of new life. I don't remember the exact moment I changed my perspective, but it was around the time I lost my grandmother- a woman who never seemed to have a bad day or at least did her best not to. When she died at age 99, I reflected on what made her so special to me, and her outlook on life was at the top of a long list. It was then my attitude evolved. It felt like a tragedy to waste even a day bemoaning things I can't change- like the weather. Don't get me wrong- I still love spring. I love the buds of color, the sun's warmth, and the birds' songs returning to

my yard in Blackfoot. But now, as the blanket of dormancy has spread over us and we still face weeks of winter, I'm determined to appreciate what each season brings and how essential and wonderful nature's changes are. Jonathan Lockwood Huie said, "Celebrate endings—for they precede new beginnings." Without endings, there would be no new life, no learning from the past, and no hope for what will come.

As we pass through this ending of the year and emerge at a new beginning, I hope you know how much your work in strengthening families and protecting children is appreciated. You are truly making a difference. Reflect on the past year with a sense of satisfaction in what you've accomplished and look forward as we plant seeds of hope for what the new year will hold.

– Brenda Stanley, Board President

WHERE DOES THE MONEY GO?



Created by the Idaho Legislature in 1985, the Idaho Children's Trust Fund is governed by a ten member board of directors appointed by the Governor and representing every region of the state as well as the offices of the State Department of Education, the Attorney General and the Department of Health and Welfare.

WHERE DOES THE MONEY COME FROM?

Grants and Donations	\$705,378
Donations.....	\$86,691
Earned Revenue and Interest	\$39,369
Total	\$831,438

(50% of donations received through the state income tax form are used for prevention work; 50% goes to an interest bearing trust fund. Interest earned on the trust also supports prevention.)

*as of July, 2022. Details available upon request.

THANK YOU

to all who made donations to the Idaho Children's Trust Fund in 2022!