

Libraries + Protective Factors

The role of the library in supporting families

Hello

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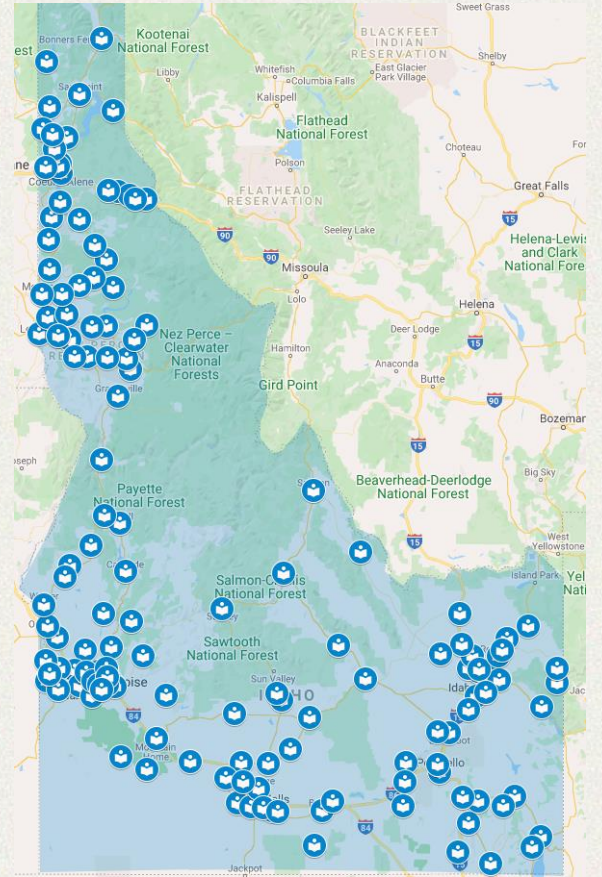


Idaho
Commission
for Libraries

87%

Libraries in Idaho

Most Idahoans have access to a library

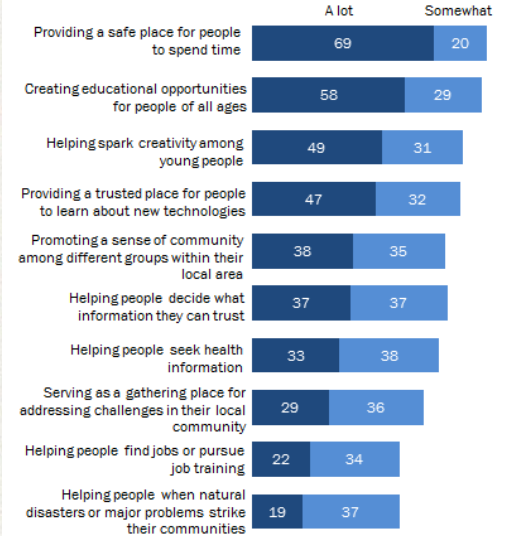


Libraries are Trusted Institutions

- In 2019, more people went to a library than went to a movie or attended a live sporting event
- The library is most used by young adults, women, and low-income households

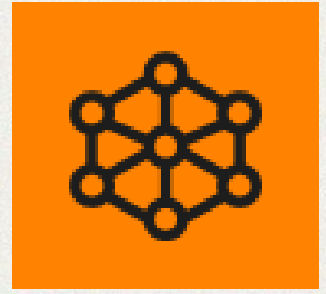
People see libraries as a safe place, a source of educational opportunity and trusted information, as well as a place to ignite creativity in young people

% of U.S. adults ages 16 and older who say libraries contribute 'a lot' or 'somewhat' to their communities by ...



Source: Survey conducted March 7-April 4, 2016.
"Libraries 2016"

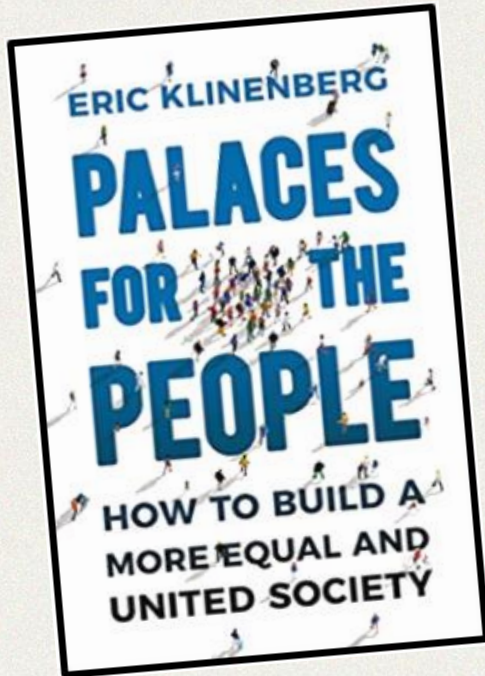
PEW RESEARCH CENTER



Libraries are Social Connectors

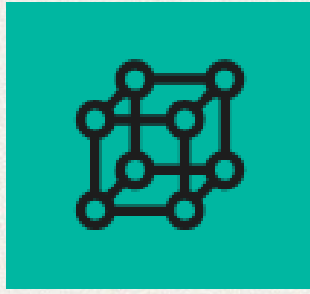
A key piece of social
infrastructure

Libraries Foster Social Cohesion



“When people engage in sustained, recurrent interaction, particularly while doing things they enjoy, relationships inevitably grow.”

Eric Klinenberg
Palaces for the People



Libraries Build Protective Factors

Five Protective Factors

Parental Resilience

Social Connection

Knowledge of Parenting & Child Development

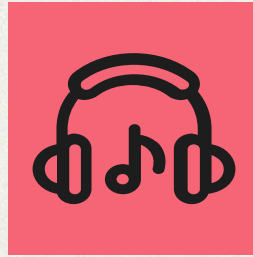
Concrete Supports in Times of Need

Social & Emotional Competence of Children

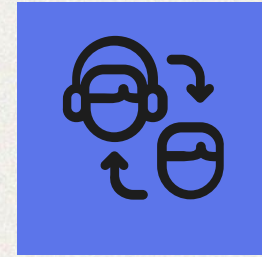
Parental Resilience



A Low-Stakes
Environment



Programs to
De-stress



Connections to
Community
Resources

Reflection

How can you leverage library resources to help parents or caregivers better manage stress?

Social Connections



Storytimes



Outreach Events



**Neighborhood
meetings**



Librarians

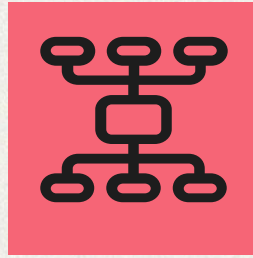
Reflection

What are some ways that your local library fosters social connections? Can you attend a library event or meeting soon and build connections of your own?

Knowledge of Parenting & Child Development



Trained
Library
Staff



Community
Resources



Parenting
Books

Reflection

Can you think of any other ways that libraries help families increase their knowledge of parenting and child development?

Concrete Supports in Times of Need



**Free, high-speed
internet access**



Library Staff



**Warm, safe, dry
place to sit...with
a restroom**



Tech Help

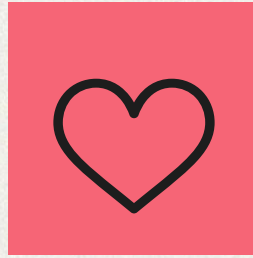
Reflection

Imagine your perfect library –
what concrete supports would be
built into an ideal library?

Social & Emotional Competence



Filling the
Preschool
Gap



Children are
Welcome



So. Many.
Books.

Reflection

How do YOU support social-emotional learning in children? How can library resources enhance this work?



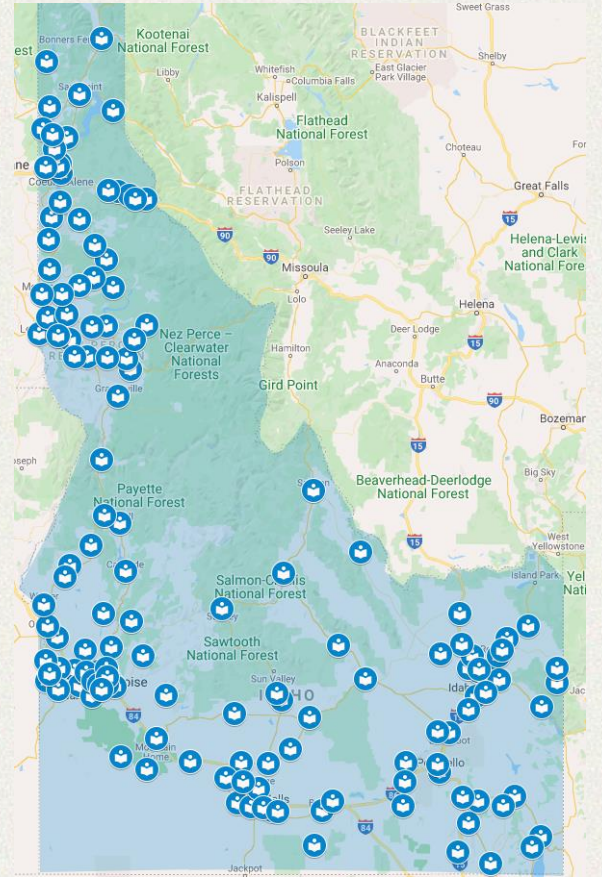
Storytime

Color Monster by Anna Llenas



Libraries in Idaho

Libraries help build strong families





**[https://libraries.idaho.gov//rtm/
read-to-me-resources/libraries-
strengthen-families/](https://libraries.idaho.gov//rtm/read-to-me-resources/libraries-strengthen-families/)**

Thanks!



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