

It's not about "those" children; it's about *all* of our children

At Idaho Children's Trust Fund's 2011 Strengthening Families Training Institute (SFTI), our keynote speaker, David Lawrence, the former publisher of the Miami Herald, exhorted us to be mindful of how all the children are doing in Idaho and beyond. He reminded us that:

Believing in all children, we help all of us. If we want the brightest future for communities and country, then we must be mindful of how everyone is doing. If we want safe and secure neighborhoods, if we want less crime, if we want more people to grow up to own homes and cars, and more people to pay the basic costs of societal well-being, then we should know of the quite extraordinary evidence of the power of early

investment and the power to grow children who dream and have a real chance to achieve those dreams.

We are all in this together. Nothing could be truer when it comes to prevention of child abuse and neglect.

Almost 200 people including parents, child care workers, public and non-profit service providers, attended this spring's 2011 SFTI from throughout the state. In addition to David Lawrence's keynote, participants heard from Sandra Forester on her journey to heal after childhood sexual abuse, 20 workshop presenters and Ben Tanzer with Prevent Child Abuse America closed the session.



Message from Board Chair

For what then matters is to bear witness to the uniquely human potential at its best, which is to transform a personal tragedy into a triumph, to turn one's predicament into a human achievement." – Viktor E. Frankl

Turning one's predicament, as Frankl describes it, into achievement speaks to the resilience of the Human Spirit. Despite the economic downturn and its systemic impact the Trust Fund, like many organizations, has made do with less by choosing grantees and projects that will create a lasting impact. The work of the Board and staff of ICTF focuses on preventative measures to break the cycle of abuse and neglect in our State while always keeping in mind the focus on resilience, transforming one's predicament into achievement. Throughout the years the

ICTF has been the instrument by which the voices and stories of countless victims have been acknowledged and understood in an effort to create intervention and prevention strategies that will break the cycle of abuse and neglect. Coordinating a statewide strategy for prevention is the responsibility of the ICTF staff. As Board Chair it's my pleasure and honor to work closely with them as we build the ICTF into an integral force for keeping children safe in Idaho. Mary Marshall, Board Chair

Mary Marshall | Board Chair

Trust Fund financials by the numbers

Total Trust Fund Principal	\$1,358,044 (market value)
Interest Earned.....	\$40,085
Grants Given Out.....	\$64,000
Donations and other income received.....	\$89,710
Grants Received	\$220,442

*Detail available on request.

Thank you

to all who made donations to the Idaho Children's Trust Fund in 2011!

ANNUAL REPORT 2011

Idaho Children's Trust Fund



Preventing Child Abuse In Idaho



Setting the table of prevention

Setting the table of prevention

Research tells us that family dinners help to build strong families.

Why? Because the act of sitting down together provides opportunities for talking and listening, for sharing information, and for building a sense of togetherness. It helps the family go forward with purpose. An important role of the Idaho Children's Trust

Fund is setting the table for the prevention community to sit down together to talk and listen, to share best practices and resources, to build the bonds among community based organizations and parents and to improve the quality of services and support for Idaho families. And to move forward with purpose.

We do that through the annual Strengthening Families Training Institute, through planning and implementing Child Abuse Prevention Month statewide, through the Strengthening Families Roundtable and among the grantees with whom we work. This strengthened community is then more ready to build the kind of future all kids deserve. We create the table that provides a place for all Idaho families to grow.



Increasing awareness to prevent shaken baby syndrome in Idaho

Governor Otter kicked off 2011's Child Abuse Prevention Month in April by signing a proclamation that emphasized the need to focus on shaken baby syndrome. The Governor was joined at a signing ceremony by children's advocates who highlighted the fact that Shaken Baby Syndrome (SBS) is on the rise in Idaho and can be prevented. SBS is the leading cause of child abuse death in children under 1 year of age and was the focus of 2011's Child Abuse Prevention Month activities in Idaho.

impacted by SBS. She says "The only way to reduce the incidence of this unnecessary, preventable tragedy is through education."



The proclamation and other efforts statewide coincided with national actions to increase awareness of the work being done to prevent child abuse. Pinwheels – the national symbol of child abuse prevention – were displayed from Sandpoint to Driggs to symbolize the happy, healthy childhood

all children deserve. Hospitals, schools, local and state government agencies, businesses, non-profit organizations and private citizens joined in throughout the state to display pinwheels, provide training and education and raise awareness of prevention efforts — and especially how to prevent SBS. ICTF distributed over 10,000 pinwheels and sponsored activities in each region.

The Trust Fund piggybacked on efforts initiated by Representative Wendy Jaquet on behalf of Brandi Whaley, whose daughter, Lauren, was badly injured as a result of being shaken by her childcare provider. Those efforts led to passage of a legislative resolution. Whaley founded Shaken Baby Prevention of Idaho to educate the community about how to cope with crying and to help other families

The Strengthening Families Roundtable

The prevention of child abuse and neglect is not the responsibility of one organization or one group of people. The Idaho Children's Trust Fund works everyday to help organizations and individuals develop their roles in strengthening families and preventing child abuse and neglect.

Throughout this year we have been building what we call the Strengthening Families Roundtable, made up of state agencies, non-profit service providers, advocacy organizations and parents who share the goals of reducing child abuse and neglect, strengthening families and creating optimal environments for child development. Through a shared focus on five protective factors—parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need and developing children's social and emotional competency—a diverse group of stakeholders has created a vision and mission for a prosperous future for Idaho's children and families and Idaho communities:

Thriving children and families are at the core of the prosperous and vigorous communities we envision for all Idahoans.

We strive to strengthen Idaho families and communities by increasing knowledge of and building protective factors within all systems that touch the lives of families and children.

The Strengthening Families Roundtable started in July 2010 and has brought together staff of community action programs, adult and juvenile corrections staff, children's mental health providers and advocates, parents, faith based organizations, child care administrators and trainers, and many others to build a shared practice philosophy and action plan based in the 5 protective factors described above.



ITCF funding builds protective factors for strong families

We know that protective factors are conditions in families and communities that, when present, increase the health and well-being of families. They are attributes that serve as buffers, helping parents who might otherwise be at risk of abusing their children, find resources, supports, or coping strategies that allow them to parent effectively, even under stress. The work of the ICTF programs is to offer strategies that build these protective factors ensuring healthy happy children and families. Highlights of last year can be seen in the results, both the words of the parents and the results in numbers:

"My husband and I didn't know how to manage the kids. They were constantly fighting. It was chaotic. We were having marital problems and many times wouldn't talk to each other. My husband and I had to communicate because of the homework and group exercises. We were able to learn how to be a team. We stopped fighting with each other and started working together."

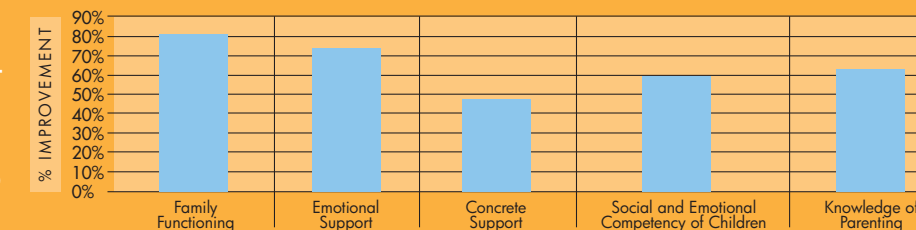
"I have more patience and understanding [since I started coming to the program]. I also teach my son about the developmental stages that his little baby cousin is going

through. This class has really helped me to learn to be a better parent".

"The facilitators [of child sexual abuse prevention training] have not only trained 82 adults, they hosted a Prevent Now! Community Awareness meeting which led to their receiving a \$500 donation from the Rotary Club. This allowed them to purchase \$1,500 worth of workbooks for their community."

All programs are required to evaluate their results in increasing protective factors in the families with whom they work. The chart below shows the substantial progress made by families in one of our funded programs. The Trust Fund was able to provide funding to 5 organizations who are at the beginning of a 3 year grant cycle, finished a 3 year grant with the Shoshone-Bannock Tribes and completed funding for several annual grants. Multi-year grantees for the 2011-2013 cycle are Bright Tomorrows in Pocatello, Help, Inc in Idaho Falls, and parenting programs at St. Luke's/Elks Rehab, St. Michael's in Boise, and Catholic Charities of Idaho in Nampa.

PERCENTAGE IMPROVEMENT IN PROTECTIVE FACTORS



Coeur d'Alene group earns its name...and Legacy Award

"Their sincere ability to see the person beyond their behavior continues to be a key to the respect and caring that is, after all, ICARE's name," said longtime child advocate, Doug Fagerness, in support of the nomination of ICARE, the recipient of the Trust Fund's annual Ed Van Dusen Legacy Award. The ICARE program of St. Vincent DePaul is a multi-pronged effort to prevent child abuse before it occurs. "Making it work, finds ICARE successfully preventing abuse and neglect from occurring for the first time in a family," says Fagerness. "They have raised the awareness of the general community through child abuse prevention activities ...and serving as the "go to" entity when child abuse and neglect awareness issues arise. Second, ICARE is an essential strand in the community safety net that catches families at risk for abuse and neglect."

Judge John Mitchell also praised ICARE's work in preventing child sexual abuse: "Through the Stewards of Children program, ICARE has created a "movement," to encourage adult responsibility for the prevention of child sexual abuse, increase knowledge and attitudes in child protective behaviors, and ultimately diminish local instances."

The Ed Van Dusen Legacy Award for Exemplary Practice in Child Abuse Prevention is awarded each year by the Idaho Children's Trust Fund board to one organization that exemplifies the commitment and effectiveness personified in the life of the late Ed Van Dusen. ICARE, the 2011 recipient, has been a grantee and long time partner with the Idaho Children's Trust Fund in north Idaho.

